

Children's Early Motor Development

	Age	GROSS MOTOR Children can	FINE MOTOR Children can
	years	 ★ Sit with legs out unsupported ★ Hold small object for longer periods ★ Transfer objects from hand to hand ★ Crawl ★ Pull self into standing on furniture 	 ★ Clasp hands together ★ Grasp small objects with thumb and index finger (pincer grasp) ★ Point and poke with index finger
	years	 ★ Walk independently ★ Push and pull objects while walking ★ Kneel ★ Throw ball short distance 	 ★ Bring hands together ★ Scribble ★ Hold a crayon with a fist grip ★ Control the grasp and release of objects ★ Place objects on top of each other
	3 years	 ★ Chase after a ball ★ Run unsupported ★ Balance on one foot briefly ★ Walk up and down steps with support ★ Kick a ball ★ Jump over a low object 	 ★ Copy simple pencil lines ★ Roll, pat and squeeze dough ★ Snip paper with scissors ★ Fold a piece of paper ★ Put a small object in a container ★ Begin to show hand dominance
	4 years	 ★ Ride small tricycle ★ Walk on tiptoes for a few steps ★ Catch ball with both hands out when shown ★ Climb a ladder ★ Hop ★ Walk backwards a short distance ★ Skip one footed 	 ★ Use vertical, horizontal and circular strokes when colouring ★ Draw a cross after demonstration ★ Cut paper with scissors on a line ★ Roll dough in a ball ★ Thread large beads onto string with thumb and index finger
	5 years	 ★ Run efficiently ★ Balance ★ Skip on alternate feet ★ Hop over longer distance ★ Ride a bicycle with training wheels 	 ★ Cut out simple shapes ★ Copy a triangle and other patterns ★ Copy own name ★ Attempt some letters and numbers ★ Colour within lines ★ Use a mature pencip grasp ★ Use dominant hand

Use this chart as a guide to understanding your child's early motor development.



Children's Self Care Development

Age	DRESSING Children can	TOILETING Children can
2 years	★ Hold out arm to put sleeve in top★ Pull off socks	★ Gesture toilet needs ★ Often indicate if pants are wet
3 years	 ★ Find arm hole ★ Fasten one large button ★ Help to pull down pants ★ Remove shoes 	Sit on the toilet seat Maintain daytime bladder control Show good bowel control
4 years	 ★ Attempt to tie shoelace ★ Fasten and unfasten some buttons ★ Open a zipper ★ Unbuckle belt or sandals ★ Take off and put on garments with some help ★ Pull down pants 	 ★ Undress with support for toilet ★ Wash and dry hands without help ★ Rub hands together under water ★ Attempt to wipe self
5 years	 ★ Independently put on socks ★ Close a zipper ★ Distinguish back from front ★ Turn clothes inside out ★ Put on and take off clothes with little help 	 ★ Throw paper towel in rubbish bin ★ Tear toilet paper and flush after use ★ Tell difference between bowel movement and urination ★ Undress self without assistance ★ Go to toilet at regular intervals when necessary
6 years	 ★ Dress and undress independently ★ Put clothes on over top of head ★ Put shoes on correct feet ★ Tie shoe laces and buckles 	 ★ Toilet and wipe independently ★ Flush toilet appropriately ★ Wash hands independently

Use this chart as a guide to understanding your child's self care development.



Children's Thinking & Reasoning Development

Age	Children can
1	 ★ Play a great deal ★ Make lots of noise ★ Enjoy looking at books ★ Enjoy interaction from others
	 ★ Socially interact with the world ★ Be excited around other children ★ Play along side other children ★ Be more inventive and imaginative in play ★ Displaying temper tantrums more regularly ★ Begin to know some colours ★ Locate parts of the body ★ Complete a simple 2 piece puzzle
3	 ★ Play pretend ★ Enjoy playmates, although "sharing" is sometimes a challenge ★ Begin to play 'with' rather than 'alongside' ★ Know own name, age and gender ★ Copy a block tower ★ Know some patterns eg stripes, dots ★ Copy some simple lines ★ Match common shapes ★ Complete a 3-4 piece puzzle
4	Remember and repeat sentences and songs Start to rhyme the alphabet Complete a complex 4 piece puzzle Copy and draw a circle and attempt a triangle Attempt to copy name Count objects accurately i.e. 1:1 correspondence
5	 ★ Act independently much of the time and understand rules ★ Say own address and phone number ★ Know many letters of the alphabet ★ Count at least to 10 ★ Make a complex 5 piece puzzle ★ Copy a variety of shapes eg triangle, square, rectangle and diamond ★ Rhyme some words eg cat-rat-hat ★ Learn about being sensitive to other people's feelings ★ Seek and enjoy friendships

Use this chart as a guide to understanding your child's thinking and reasoning development.





Children's Language Development

Age	LISTENING & UNDERSTANDING Children can	SPEAKING Children can
1 1/2	 ★ Recognise their name ★ Understand 'no' ★ Follow simple instructions 	 ★ Say some words other than 'mama' &'dada' ★ Wave goodbye ★ Say some animal noises ★ Get attention by squealing & making noise
	 ★ Follow simple commands e.g. 'stand up' ★ Point to some body parts ★ Recognise common objects e.g. cup, teddy ★ Respond to familiar sounds e.g. bell, car ★ Listen to simple stories ★ Understand 'more' 	 ★ Join two words in a sentence ★ Ask "what's that?' ★ Refer to self by name ★ Join in familiar songs ★ Start to name some pictures ★ Use negative phrases e.g.'no want','not go'
3	 ★ Understand many words ★ Point to body parts ★ Point to one or two colours ★ Attend & listen for a longer time ★ Recognise common opposites e.g. big, little ★ Understand some positions e.g. on, under 	 ★ Talk in 3 to 4 word sentences ★ Say what they are doing ★ Say actions in a picture e.g. brushing ★ Say their name and gender ★ Use pronouns e.g. I, it, this, my, mine, you ★ Ask 'what' and 'where' questions
4	 ★ Understand position concepts e.g. next to ★ Understand concepts of quantity e.g. empty ★ Point to many pictures of objects & actions ★ Identity some shapes ★ Follow longer and more complex instructions 	 ★ Talk in 4 to 5 word sentences ★ Ask many questions ★ Use joining words for complex sentences e.g. and, because ★ Use correct grammatical endings e.ging - jumping, _ed -jumped ★ Use small grammar words e.g. the, is, are ★ Use most pronouns e.g. he, she, his, her
5	 ★ Understand opposites e.g. high/low ★ Begin to understand complex questions e.g. 'why?' ★ Demonstrate interest in reading & writing 	 ★ Talk in 6 + word sentences ★ Talk about past & future events ★ Explain how & why ★ Share ideas & make comments ★ Begin to express ideas in writing

Use this chart as a guide to understanding your child's language development.



Children's Speech Development

